AUGUST / SEPTEMBER 2020
NORTHWESTERN LEHIGH SCHOOL DISTRICT

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</table>
| **August 31, 2020** | **Cold: Turkey & Cheese Sub**  
Hot: Walking Taco  
Applesauce  
Lettuce & Tomato Cup  
Nacho Doritos  
Choice of Milk | **Cold: Chicken Caesar Wrap**  
Fresh Banana  
Grape Tomatoes & Cucumbers w/Dip  
Fritos  
Choice of Milk | **Cold: Ham & Cheese Roll-Ups w/Crackers**  
Hot: Slice Big Daddy’s Pizza  
Tossed Salad Shaker w/Dressing  
Diced Pears  
Fruit Roll Up  
Choice of Milk | **Cold: Labor Day**  
*Virtual Learning*  
Grab ‘n Go pick up from 12:45-1:45 at designated sites if previously ordered |
| **Cold: Ham & Cheese Wrap**  
Hot: Bologna & Cheese Sandwich  
Onion Rings  
Fruit  
Choice of Milk | **Cold: Italian Hoagie**  
Hot: Chicken Tenders w/Dipping Sauce  
Banana  
Chips & pasta salad  
Choice of Milk | **Cold: Italian Hoagie**  
Hot: Chicken Tenders w/Dipping Sauce  
Banana  
Chips & pasta salad  
Choice of Milk | **Cold: Bacon, Lettuce & Tomato Wrap**  
Hot: Grilled cheese sandwich  
Fresh fruit  
Garden Salsa sun chips  
Fruit snack  
milk | **Cold: Labor Day**  
*Virtual Learning*  
Grab ‘n Go pick up from 12:45-1:45 at designated sites if previously ordered |
| **Cold: Ham, Turkey & Cheese Roll-Ups w/Goldfish Crackers**  
Hot: French Toast Stick w/Syrup  
Tator Tots  
Fresh Fruit or Juice  
Choice of Milk | **Cold: Chef Shaker Salad**  
(rolled meat, cheese, romaine, tomatoes, cucumbers, croutons)  
Hot: Pizza Slice w/Side Salad  
Fruit  
Snack Bag  
Choice of Milk | **Cold: Italian Hoagie**  
Hot: Chicken Tenders w/Dipping Sauce  
Banana  
Chips & pasta salad  
Choice of Milk | **Cold: BBQ Chicken & Cheese Wrap**  
Hot: Rodeo Burger  
Onion Rings  
Fruit  
Choice of Milk | **Cold: Labor Day**  
*Virtual Learning*  
Grab ‘n Go pick up from 12:45-1:45 at designated sites if previously ordered |
| **Cold: Ham & Cheese on Kaiser**  
Hot: Chicken Nuggets  
Fresh Strawberries  
Baby Carrots w/Dip  
Cheez-Its, Choice of Milk | **Cold: Turkey & Cheese on Kaiser**  
Hot: Chicken Nuggets  
Fresh Strawberries  
Baby Carrots w/Dip  
Cheez-Its, Choice of Milk | **Cold: Ham & Cheese Roll-Ups w/Crackers**  
Hot: Slice Big Daddy’s Pizza  
Tossed Salad Shaker w/Dressing  
Diced Pears  
Fruit Roll Up  
Choice of Milk | **Cold: Bacon, Lettuce & Tomato Wrap**  
Hot: Grilled cheese sandwich  
Fresh fruit  
Garden Salsa sun chips  
Fruit snack  
milk | **Cold: Labor Day**  
*Virtual Learning*  
Grab ‘n Go pick up from 12:45-1:45 at designated sites if previously ordered |

Guidelines for students: milk, vegetables, fruit or 100% juices are offered at every meal; cereal, milk and 100% fruit juices are available every morning.

Menu is subject to availability and change without notice.